

Old Sigh Race Series

Bourne, Massachusetts SAILING INSTRUCTIONS 2026

1. RULES/ ELIGABILITY

Races will be governed by the Racing Rules of Sailing (RRS), 2025-2028, these sailing instructions and the PHRF-NE class rules.

Participating yachts must have an up to date 2026 PHRF rating from PHRF-NE to be eligible to compete.

RRS 52 is amended as provided under RRS 86.1(c) as follows for vessels competing single or double handed:

1. Electrically powered winches are permitted for running rigging while racing
2. Autopilot and/or wind powered self-steering gear are permitted while racing.

2. SCHEDULE OF RACES

Prior to the first warning signal on the day of racing, each yacht that intends to participate must check in with the Race Committee (RC) either by hail or on VHF CH78 (but only after the orange flag is displayed on the Committee Boat).

The warning signal for Cruising 2 Class, Cruising 1 Class or the Race Class (or any combination as determined by the Race Committee) will be at 1755 or such later time as determined by the Race Committee. There will be no rolling starts and only a couple of minutes between the starting sequence for each class.

No race will be started after 1900.

No races will be held if the sustained winds are 25kts or above. The Race Committee, in its sole discretion, will make a determination no later than 4pm on the day of the race if the race will be cancelled because of wind or for any other weather related reasons.

3. COURSES

Courses for each class or combination of classes will be posted horizontally on the course board on the starboard side of the Committee Boat and will be indicated by a number or a series of letters representing a mark on the Course Chart. Marks designated by red letters will be left to Port and marks designated by green letters will be left to Starboard.

A list of the numbered courses will be available on the Old Sigh website and on the Course Chart.

4. MARKS

The starting line will be located between Scraggy and Wings Neck between the orange flag on the Committee Boat and a yellow inflatable mark.

All other marks of the course will be government buoys as described in the course sheet except for Mark "B" (red inflatable mark, N41 40.12 and W70 40.38, located 200yds ENE of the Old Sigh Rock (SW Ledge) Red Nun "2"); Mark "C" (which is now Cleveland Ledge Lighthouse and not Red Nun "6") and Mark "I" (Beverly YC yellow cylinder marked "N", N41 39.00 and W70 42.80)

A mark identified as IM on the course board will be an inflatable mark dropped by the Race Committee.

All participating yachts must mind Old Sigh Rock (SW Ledge) Red Nun "2" at all times during the race

5. ORAL INSTRUCTIONS

Hails to the Race Committee should be limited. The Race Committee will not be able to respond to

requests for information unless the orange flag is displayed on the Committee Boat

orange flag on the Committee Boat. The Committee Boat will fly code flag "S" (white field with a centered blue square) to indicate a shortened course.

6. THE START

Racing will be started under RRS 26 (5-4-1-0 minute sound and flag signals) as modified below.

Multiple sounds/radio call may be made as a courtesy one (1) minute in advance of the first sound signal to advise that the start of the sequence is imminent.

The starting order for each by class (or a combination of classes) will be specified by the Race Committee. Sound and visual signal will be as follows:

<u>Time to Start</u>	<u>Visual Signal</u>	<u>Sound</u>
5 Min	Hoist Class Flag	1 long
4 min	Hoist "P"	1 long
1 min	Drop "P"	1 long
START	Drop Class Flag	1 long

A yacht whose warning signal (class flag hoist and long sound) has not been made shall keep clear of the starting area and clear of all yachts whose warning signal has been made.

7. RECALLS

Code flag "X" (blue cross on a white field) will be displayed and one sound made for an individual recall.

The Race Committee will attempt to call the sail number(s) of yacht(s) over early by hail and broadcast on VHF CH 78.

8. SHORTENED COURSE AFTER THE START

The Race Committee may shorten the course after the start of the race. The finish of the shortened course will be between a mark of the course and the

9. THE FINISH

The finish will be between the orange flag on the Committee Boat and the yellow starting mark.

10. TIME LIMIT

The time limit will be 1 Hour and 30 minutes for all races. Yachts finishing more than 30 minutes after the first yacht finishes should record their own finish time and report that time to the Race Committee.

11. RETIRING

Any yacht that retires from racing before completing the race must make every effort to notify the Race Committee that they have retired.

12. PROTESTS

Protests are discouraged. Race participants are encouraged to rectify any rule infractions by executing a 360 degree turn (change from RRS) on the race course during the race as soon as possible and before the next mark.

A protesting yacht should attempt to notify the protested yacht on the race course and must notify the Race committee upon finishing or retiring. All protests will be filed by email with the Race Committee no later than 2 hours after the finish of the last yacht. Protests should not be made via VHF radio. Protest will be decided by the Protest Committee which will be determined by the Race Committee and will be made up of three disinterested parties (at a minimum not racing in the same class).

13. SCORING

Race results will be based on time on distance allowances and PHRF ratings. A low point scoring system will be used in scoring all monthly series. DNS, OCS, DNF and DSQ will be scored one more point than the number of boats starting that race.

Appendix A of the RRS will be used to score each race.

Series scoring will also use Appendix A as described and modified in the NOR.

The Series Scoring will be as follows:

- June Series
- July Series
- August Series
- Summer Series

There will be one throw-out race for each of the monthly series. The Summer Series will combine the scores for each race for all the monthly series and there will be 3 throw out races for the Summer Series (which throw out races don't need to be the same as the throw outs for the monthly series).

14. RESAILS

If a race is cancelled for any day or days, the up to two (2) cancelled races may be resailed on September 10 and September 17

15. CLASS SELECTION

Every participant will select a class to sail in at the registration process. Participants will have the opportunity to change classes by communicating to the Race Committee no later than one week before the next monthly series. Moving from one class to another within a monthly series is permitted but that race will not be scored.

15. NUMBERS/MARKINGS

Yachts should attempt to have a unique number or marking on their main sail.

16. LIFE SAVING EQUIPMENT

All competitors are encouraged but not required to wear an approved PFD during the race.

17. VISUAL SIGNALS

N over A (small blue and white checks over red and white vertical stripes) – All races for the day are abandoned.

AP (red and white vertical stripe pennant) – All races not started are postponed.

P (blue field with centered white square) – Preparatory signal.

Class Flags

Cruising 1 and 2	Yellow
Racing Division	Blue